

\_\_\_\_\_  
NAME

## Health History Questionnaire

1. Please list all current medications you are taking for either physical or emotional difficulties:

\_\_\_\_\_  
\_\_\_\_\_

2. Allergy (Medications): \_\_\_\_\_

3. Current Medical/Emotional Conditions (please check):

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Anxiety             | <input type="checkbox"/> Diabetes                  | <input type="checkbox"/> Sleep Disturbance            |
| <input type="checkbox"/> Allergies           | <input type="checkbox"/> Epilepsy/Seizure Disorder | <input type="checkbox"/> Stomach Problems             |
| <input type="checkbox"/> Asthma              | <input type="checkbox"/> Frequent Constipation     | <input type="checkbox"/> Skin Problems                |
| <input type="checkbox"/> Arthritis           | <input type="checkbox"/> Frequent Headaches        | <input type="checkbox"/> Sexually Transmitted Disease |
| <input type="checkbox"/> Back Trouble        | <input type="checkbox"/> Fatigue                   | <input type="checkbox"/> Vision Problems              |
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Hay Fever                 | <input type="checkbox"/> Weight Loss/Gain             |
| <input type="checkbox"/> Cancer              | <input type="checkbox"/> Heart Problems            | <input type="checkbox"/> Smoker/Amount per day _____  |
| <input type="checkbox"/> Depression          | <input type="checkbox"/> Irritable Bowels          | <input type="checkbox"/> Other _____                  |

Is there any family history of the above conditions? \_\_\_\_\_

4. Medical Doctor \_\_\_\_\_ Last Physical Exam \_\_\_\_\_

Currently being treated? \_\_\_\_\_ Problem: \_\_\_\_\_ Date Last Seen: \_\_\_\_\_

5. Have you ever previously been seen for outpatient therapy? (list previous therapists/reasons)

\_\_\_\_\_  
\_\_\_\_\_

Have you been previously hospitalized for emotional difficulties? (list previous hospitals/dates)

\_\_\_\_\_  
Have you previously been treated for chemical dependency? (List hospitals/dates)

6. Do any family members have chemical dependency, alcoholism or emotional problems?

List: \_\_\_\_\_

7. Do you use sedatives, alcohol, tobacco, laxative, caffeine? Type and amount per day:.

List: \_\_\_\_\_

8. Are you having problems in your sexual relationship? \_\_\_\_\_